



Issue 14

August 2009

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## Strength in Numbers Gives Local Playground a Makeover!

On 28<sup>th</sup> July, 6 volunteers from the Strength in Numbers project spent the evening cleaning up Franklyn Road Playground and the surrounding area. We had identified the playground and neighbourhood as being a hotspot for litter and fly tipping, and decided to clean it up!



We contacted The Big Tidy Up Campaign and asked them to help, which they did by sending us rubbish bags, badges, stickers and brightly coloured tops to wear! We worked very hard and got a little dirty, but it was a lot of fun and we

managed to fill 18 large rubbish bags with litter!

The area looked much cleaner and more inviting, and as soon as we finished the playground filled up with local children! Several people passing by stopped to thank us for what we were doing- showing that it doesn't take a lot of time or money to make an impact on the community!

If you know of an area that needs a makeover, please let us know. We enjoyed the clean-up so much that we want to do it again!

Any 16-25 year olds who are interested in helping out a project like this, or getting involved with Strength in Numbers Youth Committee should contact Elizabeth and Davis on 0208 438 1528 or e-mail [youth@brava.org.uk](mailto:youth@brava.org.uk). And please DON'T LITTER!



### Contact Us

- T. 020 8438 1520
- Brent Volunteer Centre,  
3rd Floor ,  
144-150 High Road,  
Willesden, NW10  
2PT
- [volunteering@brava.org.uk](mailto:volunteering@brava.org.uk)

# Unemployed?

Stand out from the crowd!



on the  
**Personal Best Programme...**

... you will learn about  
areas **useful to future  
employers**, including:

- Equality and Diversity
- Customer Relations
- Conflict Resolution

... get practical  
experience as a  
**volunteer**

and gain a  
**qualification!**



On successful completion of Personal Best, you will not only be given a guaranteed interview to be a **London 2012 volunteer** but could also become a **Personal Best Ambassador** and help in raising the profile of such an innovative programme.



*Volunteers at the Beijing Olympic and Paralympic Games in 2008*

## Personal Best

lasts **8 weeks**, and you'll also do a **volunteer placement** to help develop your new skills, and build your confidence in the workplace. At the end of the course you'll be given **support to find a job**, get into training or education, or to continue volunteering.

There are courses starting every month in 2009.

**To qualify**, you must be unemployed, a Brent resident, not currently in training or education, and have no qualifications above 4 GCSEs or above an NVQ level 1.

For a chat about programme and whether it would suit you, please call **Tasina** on 020 8438 1531 or email [tasina.lewis@brava.org.uk](mailto:tasina.lewis@brava.org.uk)

# Volunteer Opportunities

## Check out this month's latest opportunities!

To find out more about these opportunities and others, you can contact the Brent Volunteer Centre on 0208 4381520 or email [volunteering@brava.org.uk](mailto:volunteering@brava.org.uk)

### 2009 Notting Hill Carnival Stewards

**What?** Your role for the two days will be to dance, have fun and hand out informational flyers to the public. All volunteers will get a free T shirt and travel expenses will be reimbursed.

**Who for?** Nu Start Community Enterprise

**When?** Sunday 30th and Monday 31st August

**You need:** Good communication skills. Ability to work with people from different backgrounds and cultures.. Friendly, affable and personable

### Website Designer

**What?** Updating the charity's website at [www.sandema.org.uk](http://www.sandema.org.uk)

**Who for?** Sandema Educational Resource Centre

**When?** Part-time at any time during the week

**You need:** Ability to design, amend and update websites efficiently. Complete fluency in the English language.

### Radio Show Hosts

**What?** There is the opportunity for 4 community minded young people aged 16-25 to develop their DJ/presenting skills by being a 'Youth Representative' on a local and highly respected radio station.

**Who for?** Strength in Numbers

**When?** Part-time on Friday and Saturday mornings

**You need:** Some experience of radio helpful but not necessary. A passionate young leader is needed who is confident and willing to speak out about youth issues in a positive way.

### Allotment volunteer

**What?** Delivery of an allotment learning project to disadvantaged groups by helping them to prepare and maintain their allotments.

**Who for?** London Action Trust

**When?** At any time during the week

**You need:** Ideally volunteers will have an interest in horticulture and some experience of mentoring, although an understanding of the issues of the client groups is more important. Volunteers should be happy to work outdoors in all weather conditions.

### Escort

**What?** Helping at events for the Refugee Stories project

**Who for?** Evelyn Oldfield Unit

**When?** Mondays to Fridays during working hours and some evenings

**You need:** Familiarity with the work of NGO and/or voluntary sector. Well organised, self motivated and reliable. Strong interest in refugee and human right issues