



Inside this issue:

**Personal Best
Volunteer Opportu-
nities**

Eagles soar to first Barber Bash Trophy

On Sunday, 5th July, at Brent's Respect Festival, 29 young volunteers from the Strength in Numbers project at BrAVA ran the first ever Barber Bash football tournament! 8 teams took part in this 5-a-side competition, which was organised entirely by the young people of Strength in Numbers! After 4 hours of intense football, The Eagles from Harlesden won the Barber Bash Trophy! All volunteers and players were between 16-25 years old, and the concept was to bring together young people from different areas at a fun, relaxed, respectful sporting event. Strength in Numbers felt football was a good way to encourage young people to get together and celebrate Brent's diversity and athletic talent! One of our referees even asked if Brent has any gang issues, because he felt the young people interacted so well together!

We'd like to say a HUGE "Thank You" to all of the volunteers, players, and staff who made this event so successful! And special thanks go out to Brent Council, Middlesex Football Association, Brent Sports Development, and Omega Radio for their support and sponsorship!



Also at the Respect Festival, Strength in Numbers gave out 100 t-shirts to young people as part of the "One Love" Campaign. The t-shirts had thought provoking, positive messages such as "Knowledge is Power" and "Keep it Real." To obtain a t-shirt, young people had to state their commitment to doing something positive for the community- which is the main aim of Strength in Numbers! All of the t-shirts were designed by young volunteers.



Any young people from Brent, aged 16-25, who'd like to get involved in Strength in Numbers Youth Committee should contact Elizabeth or Davis at BrAVA, 0208 438 1520 or youth@brava.org.uk. We're always looking for new members and new ideas for projects to run- could your idea be next?



Contact Us

• T. 020 8438 1520

• Brent Volunteer Centre,

3rd Floor ,

144-150 High Road,
Willesden, NW10
2PT

• volunteering@brava.org.uk

Unemployed?

Stand out from the crowd!



on the
Personal Best Programme...

... you will learn about
areas **useful to future
employers**, including:

- Equality and Diversity
- Customer Relations
- Conflict Resolution

... get practical
experience as a
volunteer

and gain a
qualification!



On successful completion of Personal Best, you will not only be given a guaranteed interview to be a **London 2012 volunteer** but could also become a **Personal Best Ambassador** and help in raising the profile of such an innovative programme.



Volunteers at the Beijing Olympic and Paralympic Games in 2008

Personal Best

lasts **8 weeks**, and you'll also do a **volunteer placement** to help develop your new skills, and build your confidence in the workplace. At the end of the course you'll be given **support to find a job**, get into training or education, or to continue volunteering.

There are courses starting every month in 2009.

To qualify, you must be unemployed, a Brent resident, not currently in training or education, and have no qualifications above 4 GCSEs or above an NVQ level 1.

For a chat about programme and whether it would suit you, please call **Tasina** on 020 8438 1531 or email tasina.lewis@brava.org.uk

Volunteer Opportunities

Check out this month's latest opportunities!

To find out more about these opportunities and others, you can contact the Brent Volunteer Centre on 0208 4381520 or email volunteering@brava.org.uk

Fundraising Assistant

What? Volunteers are required to help support the fundraising manager to raise funds so the sickle cell society can continue the vital work that they do.

Who for? Sickle Cell Society

When? Part-time during working hours Monday to Friday

You need: Must be computer literate with knowledge of most Microsoft Packages.

Good communication skills, written skills, attention to detail and a good team player.

Filing and Records Assistant

What? We have paper files of previous accounts and funding information which is currently stored in black bags. This needs sorting out into date order, and filing in the correct place. The role will also involve some lifting and moving of boxes.

Who for? Afro-Caribbean People's Organization

When? Part-time during the working week Monday to Friday

You need: You also need good understanding of written English, and the ability to sort paperwork by date or into alphabetical order.

Volunteer Filmmaker

What? Volunteers can help out and work with camera, lighting and sound equipment as well as work on their writing, scripting, journalism and directing skills while teaching young people.

Who for? Kilburn Kultures

When? Monday evenings

You need: Energy, enthusiasm and keenness to motivate and mentor young people

Administration Support

What? To be actively involved in team meetings. To support with the administration of the organisation and the information and administration manager.

Who for? Nu Start Community Enterprise

When? Monday to Thursday during the day and evening and Friday and Saturday during the day

You need: Good communication skills. Ability to work with people from different backgrounds and cultures. Good IT and office skills

Escort

What? Escort needed to ensure that people who have been assessed as needing transport have full access to use the minibus for travel to and from their home to branch activities and meetings

Who for? Multiple Sclerosis Society

When? Part-time hours vary over the whole week

You need: To be Willing to work as part of a team. To have good communication skills. To be sociable, friendly and patient with a sense of humour